

Erin D. Olsen, PT, OCS

California Licensed Physical Therapist #22270

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OBJECTIVE: To provide the most effective treatment for patients suffering from both acute and chronic pain syndromes using a variety of manual therapy techniques.

EDUCATION: University of Vermont, Bachelor of Science in Physical Therapy, Cum Laude: Sept, 1992- May, 1996
College of Nursing and Health Sciences: Tel: (802)656-3858, Fax: (802)656-2191
Member of Phi Eta Sigma, Golden Key, and Mortar Board National Honor Societies

PRACTICE EXPERIENCE:

- 09/2004-present** **Healing Hands Physical Therapy, Encinitas, CA.** Currently working as an independently contracted physical therapist for **Encinitas Physical Therapy**. Also, treating private clients out of my home based practice suffering from both acute and chronic pain syndromes.
- 6/2001 - 8/2004** **Healing Hands Physical Therapy, Carpinteria, CA.** Owner of a small, home-based practice. Primarily utilized advanced manual therapy techniques including strain-counterstrain and muscle energy techniques with a foundation of the McKenzie evaluation system. Also, provided Craniosacral Therapy and Myofascial Release Therapy.
- 4/2002 - 6/2004** **Santa Barbara Hand Therapy, Santa Barbara, CA.** Worked as an Independent Contractor PT. Functioned as an orthopaedic specialist in differentially diagnosing upper extremity problems in patients with repetitive strain disorder and status post trauma.
- 12/1996 - 8/2003** **Ventura County Medical Center, Ventura, CA**
Worked as a Senior Physical Therapist in rotating position of in-patient acute and out-patient care, responsible for providing 100% quality patient care in toddler through elderly patients. Assessment and management of orthopedic (80%), neurological (10%) and pediatric (10%) patients using a comprehensive treatment approach.

CONTINUING EDUCATION:

- 4/1996 **The Study of Biomechanics with Muscle Energy Techniques for the Pelvis, Sacrum, Cervical, Thoracic, and Lumbar Spine**, Northeast Seminars
- 8/1998 **Craniosacral Therapy Level I**, The Upledger Institute, Inc.
- 8/1999 **Strain and Counterstrain I**, The Jones Institute
- 10/1999 **Introduction to the Feldenkrais Method**, The Reese Movement Institute
- 8/2000 **Strain and Counterstrain II**, The Jones Institute
- 11/2000 **Strain and Counterstrain III**, The Jones Institute
- 7/2001 **Pathophysiology & Mechanics of the Shoulder**, Robert Donatelli, Northeast Seminars
- 11/2001 **McKenzie Mechanical Diagnosis & Therapy: Lumbar Spine**, The McKenzie Institute
- 2/2002 **McKenzie Mechanical Diagnosis & Therapy: Cervical Spine**, The McKenzie Institute
- 7/2002 **McKenzie Mechanical Diagnosis & Therapy: Problem Solving**, The McKenzie Institute
- 8/2002 **Myofascial Release I**, John F. Barnes, PT
- 10/2002 **McKenzie Mechanical Diagnosis & Therapy: Advanced Problem Solving and Techniques: A Practical Workshop**, The McKenzie Institute
- 11/2002 **Mulligan Concept: Mobilizations with Movement, "Nags and Snags"**, Northeast Seminars
- 2/2003 **Myofascial Unwinding**, John F. Barnes, PT
- 2/2003 **Myofascial Release II**, John F. Barnes, PT
- 1/2003 - 9/2003 **Orthopaedic Physical Therapy Year Long Manual Therapy Course**, Joe Godges, DPT, MA, OCS
- 5/2007 **Lymph Drainage Therapy I**, The Upledger Institute, Inc.
- 6/2007 **Myofascial Rebounding**, John F. Barnes, PT
- 11/2007 **Strain and Counterstrain IV**, The Jones Institute
- 7/2011 **Counterstrain of the Visceral and Lymphatic Systems**, The Jones Institute
- 9/2012 **Counterstrain of the Arterial System**, The Jones Institute
- 4/2013 **Counterstrain of the Venous and Lymphatic Systems**, The Jones Institute
- 7/2014 **Strain and Counterstrain of the Spine I**, Lab Assistant, The Jones Institute
- 10/2014 **Counterstrain for the Nervous System I Upper Body and Cranium**, The Jones Institute